

Youth Risk Behavior Survey

Orange County High Schools, 2021

The 2021 Youth Risk Behavior Survey (YRBS) was completed by 1,441 students in 22 public high schools in Orange County during the fall of 2021. The school response rate was 100%, the student response rate was 70%, and the overall response rate was 70%.

The results are representative of all students in grades 9-12. The weighted demographic characteristics of the sample are as follows:

Female	49.8%	9th grade	26.1%	Asian	4.0%
Male	50.2%	10th grade	26.4%	Black*	24.4%
		11th grade	24.3%	Hispanic/Latino	42.7%
		12th grade	23.1%	White*	25.2%
		Other	0.2%	All other races*	1.0%
				Multiple races*	2.6%

Students completed a self-administered, anonymous, 92-item questionnaire. Survey procedures were designed to protect the privacy of students by allowing for anonymous and voluntary participation. Local parental permission procedures were followed before survey administration.

Sexual Behaviors



ever had sexual intercourse
(-11.3 from 2019)



had sexual intercourse for the first time before age 13 years
(-0.2 from 2019)



had sexual intercourse with 4+ people during their life
(-4.7 from 2019)



currently sexually active
(-7.5 from 2019)



were tested for an STD, other than HIV**
(-3.8 from 2019)

Drank alcohol or used drugs before last sexual intercourse

15.3%

(-7.6 from 2019)

Used a condom during last sexual intercourse

55.7%

(-4 from 2019)

Birth Control Use

2021

*used birth control pills before last sexual intercourse**

15.7

*used an IUD or implant before last sexual intercourse**

5.2

*used birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual encounter**

23.7

*used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual encounter**

9.1

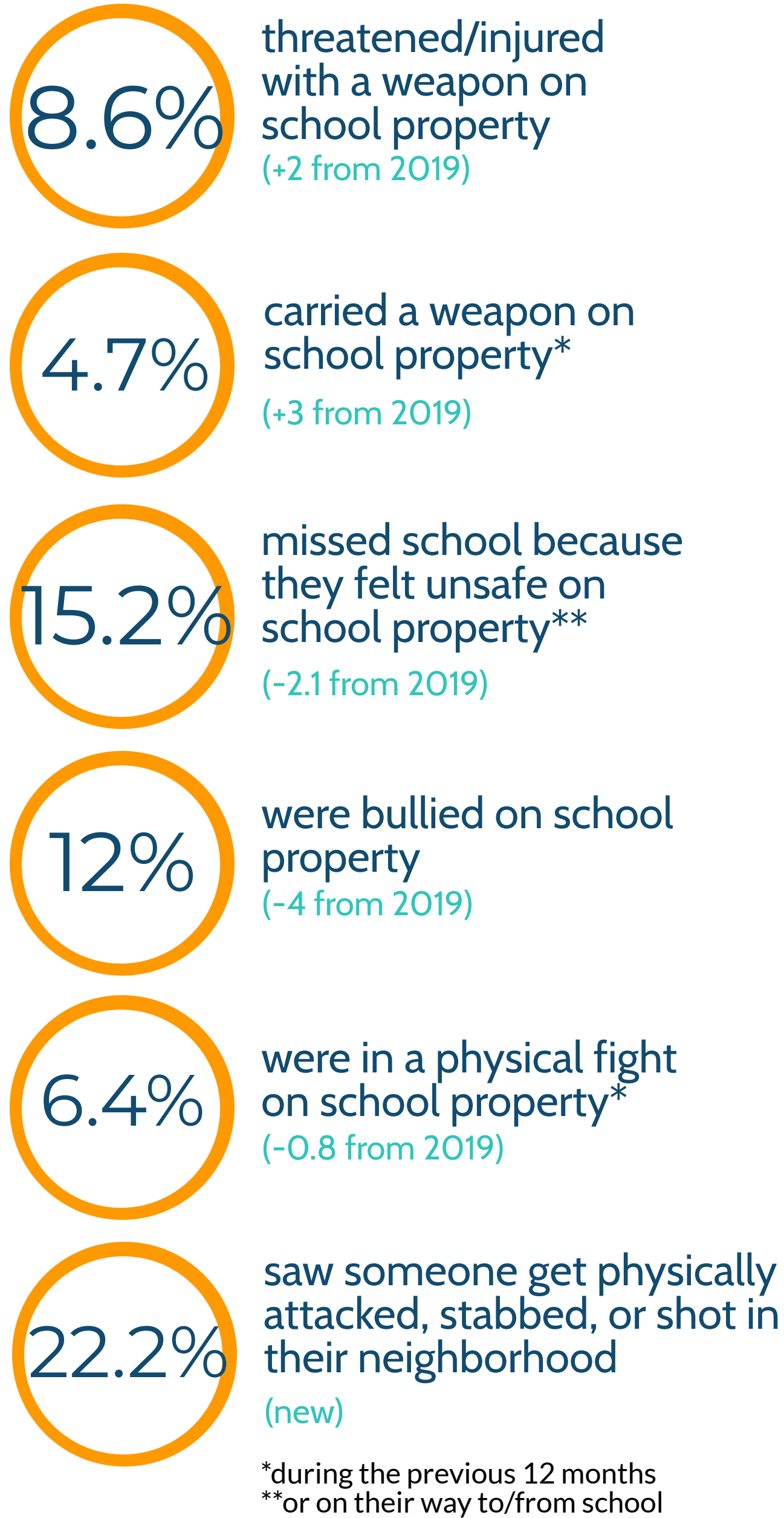
*did **not** use any method to prevent pregnancy during last sexual intercourse**

15.6

*with an opposite-sex partner
**during the previous 12 months

Unintentional Injury & Violence

Weapons & Safety on School Property



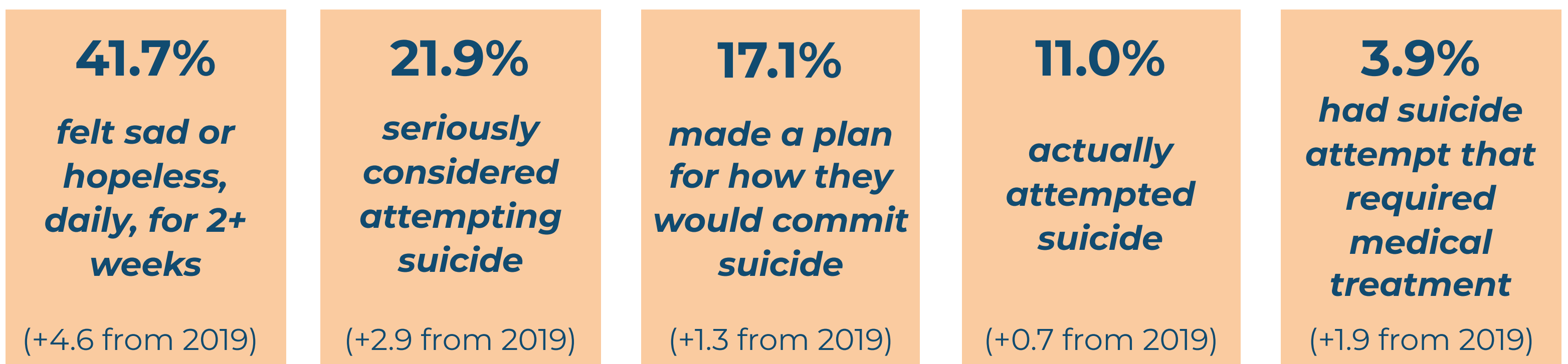
Violent Experiences & Sexual Activity

2021		2019
14.9%	SEXUAL VIOLENCE (being forced by someone to do sexual things that they did not want to)	12.0%
8.2%	SEXUAL DATING VIOLENCE (being forced by someone they were dating to do sexual things that they did not want to)	6.6%
8.1%	PHYSICAL DATING VIOLENCE (being physically hurt on purpose by someone they were dating)	8.3%

Behavior	2021	Trend
<i>didn't always wear a seat belt (as passenger)</i>	47.5	-1.2
<i>rode with a driver who'd been drinking*</i>	15.6	-2.5
<i>drove a car after drinking alcohol*</i>	3.1	-1.7
<i>texted or e-mailed while driving*</i>	32.2	-2.6
<i>carried a gun</i>	6.2	+0.6
<i>forced to have sexual intercourse</i>	10.3	+1.4
<i>were in a physical fight</i>	18.4	-3.3
<i>electronically bullied</i>	13.9	+0.9

* at least once within the prev. 30 days

Suicide and Suicidal Ideation



Alcohol, Tobacco & Other Drug Use

22.7%
were offered, sold, or given an illegal drug on school property
(-4.8 from 2019)

First Use before Age 13 Years (%)

Alcohol
18.9
(+2.4 from 2019)

Marijuana
6.5
(+1.0 from 2019)

Cigarettes
5.8
(-0.6 from 2019)

Current Use (%)

17.3

Alcohol
(-6 from 2019)

11.7

Marijuana
(-4.8 from 2019)

11.5

e-Vapor Products
(-4 from 2019)

2.6

Cigarettes
(-0.5 from 2019)

Behaviors - Current* (%)

*used electronic vapor products frequently***

2021

3.3

Trend

-2.8

used electronic vapor products daily

2.1

-2.1

used smokeless tobacco

3.2

-0.1

smoked cigars

3.2

-2.5

smoked cigarettes or cigars

3.4

-2.6

smoked cigarettes or cigars or used smokeless tobacco

3.7

-2.6

smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products

11.4

-4.4

smoked cigarettes or used electronic vapor products

11.3

-3.4

binge drinking (4-5 drinks within a couple hours)

6.1

-2.5

drank 10 or more drinks in a row

0.9

-1.0

36.8% got the alcohol they drank by someone giving it to them
(-1.0 from 2019)

Behaviors - Ever (%)

2021

Trend

used synthetic marijuana

8.0

-1.0

used cocaine

4.3

-1.5

used inhalants to get high

9.0

+2.3

used heroin

3.7

-0.3

used methamphetamines

4.1

+0.1

used ecstasy

5.4

+0.7

injected any illegal drug

3.5

+0.2

took prescription pain medicine without a doctor's prescription

14.8

-1.3

Ever Used (%)

31.7

e-Vapor Products
(-12 from 2019)

23.1

Marijuana
(-9.2 from 2019)

12.0

Cigarettes
(-3.4 from 2019)

* at least once within the prev. 30 days
** on 20+ of the prev. 30 days

Dietary Behaviors

HAD OBESITY
(at or above 95th percentile for body mass index)

15.4%

(+2.1 from 2019)

WERE OVERWEIGHT
(between 85th & 95th percentile for body mass index)

16.6%

(-0.6 from 2019)

* during the previous 7 days

Behavior*	2021	Trend
<i>described themselves as slightly or very overweight</i>	26.9	-2.4
<i>were trying to lose weight</i>	42.4	-5.7
<i>did not drink fruit juice</i>	33.0	+1.4
<i>did not eat fruit</i>	19.4	+3.5
<i>did not eat fruit or drink 100% fruit juice</i>	9.5	+0.3
<i>did not eat green salad</i>	50.3	+1.8
<i>did not eat potatoes</i>	45.7	+0.8
<i>did not eat carrots</i>	59.7	-0.2
<i>did not eat other vegetables</i>	25.8	+0.1
<i>did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables)</i>	13.3	+0.8
<i>drank a can, bottle, or glass of soda, 1+ times per day</i>	10.8	-0.4
<i>drank a can, bottle, or glass of soda, 2+ times per day</i>	6.6	-0.2
<i>did not drink milk</i>	39.5	+4.5
<i>did not eat breakfast</i>	23.6	+6.5

Physical Activity

Were Physically Active*

2021		2019
17.1%	...on all 7 of the previous 7 days	21.2%
35.6%	...on 5 or more of the previous 7 days	37.4%
77.9%	...on at least 1 of the previous 7 days	78.4%

Attended P.E.**

2021		2019
35.4%	...on 1 or more days	39.7%
22.3%	...on all 5 days	23.7%

* for at least 60 minutes
**during an average school week
***during an average school night

Other Behaviors, Outside of School

- 68.8%** spend 3+ hours per day on screen time***
(new)
- 38.6%** played on sports team(s) during the previous 12 months
(-8.7 from 2019)
- 14.9%** had at least 1 concussion from playing sports/physical activity
(-1.7 from 2019)
- 15.1%** got 8+ hours of sleep***
(+1.0 from 2019)

Other Topics

Behavior	2021	Trend
were never tested for HIV	89.2	+4.6
did not see a dentist, during the previous 12 months	33.0	+2.6
never saw a dentist	4.0	+1.4
are transgender	3.8	new
usually didn't sleep in their parent's or guardian's home	7.1	new
had texted, emailed, or posted electronically a revealing or sexual photo of themselves during the previous 30 days	9.6	-3.4
reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission, during the previous 30 days	4.9	-0.5
have not been taught about AIDS or HIV infection in school	45.2	+10.3
strongly disagree or disagree that they feel close to people at their school	41.1	+2.6
reported their mental health was most of the time, or always, not good	28.5	new
did not eat breakfast on all 7 of the previous 7 days	73.8	+3.7

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